

Name: Genesis Contreras

At the beginning of this pandemic, many people were lost on how they were going to continue their lives in quarantine. People were faced with many difficulties such as how they would continue work, school, hobbies, or their daily routines. Although the world struggled with this sudden change, many learned how to adapt. People learned to focus on their health not just physically but mentally, some found their true passions and others learned valuable life lessons that they wouldn't have learned in other situations. We've come together to create a change in social justice and help others who are being impacted the hardest during this pandemic. Many people will try to get their life back to "normal" again after this pandemic is over but I don't think that is something that is feasible. The way of life constantly changes throughout history and we are all seeing that happen in real-time and not just something we read in history books.

The world that I would want to see post-covid is one that has changed for the better. To put emphasis on this rather vague answer, I will give an example. During this pandemic, we have seen how the low and middle class has been affected, such as losing their jobs, not having enough money to pay for basic necessities, or not even having covid vaccines be accessible to them. Thankfully we have already seen advances to solutions to this problem such as in government with the stimulus checks, in communities donating food and other necessities, and in media sharing where one could get the covid vaccine and how to get there such as using Uber rides for vaccinations. This not only shows people becoming more aware of problems that have affected others for years but shows that in difficult times there is a solution.

Since our previous "normal" has been replaced with technology, I don't believe that many people will be going back to their "normal" life completely. We will continue to use technology to make our lives easier and save time but many will have to go back to doing things in person. What I am hoping for in a post-covid is a healthy balance of in-person task and things that can be done virtually. Mainly we have found ways that save time and allow for things to be done quickly instead of taking a huge part of our day away, but there are things that can't be done virtually. Many of us learn things that can only be taught in person such as hands on experience or basic life lessons or even have jobs that are not yet able to be done by machines.

Even though we are in a difficult time at the moment, the world I want to see post-covid is a healthy balance between in-person and virtual task, one that has changed for the better and one that is filled with people who learned their passions, fight for justice, and focus on their health.

Word count: 498