

## Why LaGuardia Writes

### I

I write because I have things to say, and you will listen  
To keep track of my thoughts  
To get my degree and have a better life  
For fun 😊  
To impose order on the chaos of life  
It's the best therapy  
To say, "I love you," to my girlfriend  
To get the poison out of my body and onto the page  
Because thoughts are excellent servants but horrible masters; to write is to rein them in  
I write to liberate my thoughts and feelings  
I don't write. I yell

### II

There are some things that only I can understand. Sometimes there is no logic, no reason. I just feel it. Maybe it's the language of my soul  
Because it helps with my anxiety  
To share and entertain  
To improve my handwriting  
Because I can't face her  
To share my stories  
For self-expression (Love this)  
Because I have something important to say  
I write because I'm insecure  
Because it helps me think clearly  
To feed my soul

### III

To feed my family  
To express how you're feeling inside  
Journalism is printing what someone else does not want printed; everything else is just public relations

It makes me reconnect with myself in a special way  
At home, because it makes me feel great and I can express myself. At college, for the credits ;)  
To release emotion  
Because I think in words  
To remove stress (Same ☺)  
Because writing helps!  
To pass the time  
Because it makes me feel lighter

#### IV

So I can express my ideas, thoughts, and feelings  
For success  
The Pen Is Mightier  
For a grade: A+  
It's a way to express my thoughts and creativity  
How else would I pass school ☺  
To have legal proof  
Because I'm shy and ambivert  
To make my point  
To tell a story that has not been told  
Cause no one hears me when I talk!

#### V

To let it all out  
Because I'm writing poetry  
Raised Catholic, but I hate going to confession  
Cause I woke up feeling like P Diddy  
Writing is Kool  
For a grade  
It's a tool I use to express what's in my mind and heart  
To organize my ideas  
To face pain and deal with it  
I write to share my thoughts  
For my mental health

## VI

It gives me a will to live  
Because I'm in an English class. Have no choice!  
Because the press must be brave as well as free  
To clear my mind  
To show everyone how smart I am  
To share about Jesus  
To express my fetishes  
Because it's fun  
To raise awareness  
Because writing helps  
To feel enchanted

## VII

For the same reason as you  
To get my thoughts straight  
To have fun and get lit  
I write, therefore I am!  
Because I can  
To express myself!  
To organize my thoughts  
I write to change the past and future  
I write to express my thoughts  
To convey a message  
It is liberating!

## VIII

To release my inner demons (Same bro)  
Because it helps me cope!  
The pen is mightier than the sword  
To express myself  
Because it is fun!  
I write to be free and to relieve stress  
To help me think  
I write to express myself and de-stress

For my feelings

I write for peace of mind

Because it's a way to express yourself. Having people getting to know you and who you are is why I like to write

IX

Because writing helps get my thoughts and what I am feeling off my chest.

Because I like to share my story and who I am as a person in society with others

To relieve stress

Because I want my writing to make readers feel bad for me when I am feeling bad or feel good for me when I am feeling good

It's a way to motivate/inspire others!

To find my voice

I write because I like to talk about my feelings on a piece of paper; it makes me feel good

I write to stay on track with my work at school and my job and also to stay socially active!

For my classes here at LaGCC

Writing has been very therapeutic for me since I was a teenager

To make people laugh

X

All my ruminating's come to a head

& I need composition to clear

Clutter & machinations instead

Of letting confusion block soul's ear

I have a story to share

I have found that when I share, it helps others see there is hope, and sharing also helps in my healing journey

I write to stand my ground #proven

I write because I can express my feelings!

I write to engage with others!

I write to improve my grammar skills

I can express myself!

It gives me a voice

I write to let my thoughts and emotions run wild

To communicate with my loved ones!

## XI

To leave behind a story

I write to express my feelings

Writing is important because we can learn new words or different slang that we don't know

I write to express myself and improve my grammar skills

It makes your brain work to find a new idea

To inform and persuade readers about certain topics

I write because it helps clear my mind

We write to put language to our feelings

I write because it is easy for me to express my thoughts

I write because it is a way to put all of my thoughts/feelings on to paper when it seems to be taking a toll on my mind

To figure out what I think

## XII

To inspire those who feel as if they don't have a voice to be heard. You'd be surprised at the fact that you're not the only one who thinks a specific way. Express yourself. Speak yourself. You have a story just like anyone else. I urge you to speak yourself

I write because I'm insecure

Not always do I write to express my feelings or expressions to others; sometimes I write to express them to myself as well

It's a way through which the unspoken word can be heard!

To vote. Dear students, please vote. Thank you!

To think before I talk 😊

To organize my thoughts

To express how you're feeling inside

It helps organize my ideas on paper!

To establish or pinpoint facts vs. opinions

To speak truth

## XIII

I write to express how I feel. It's the only way I know how

It helps me communicate my ideas more fluently and efficiently than talking 😊

To confess my sins

I write to share words of inspiration with others  
I write to communicate with my loved ones  
To express your ideas  
I write because my voice has been silenced for far too long  
To express my love for music  
To speak the truth in journalism  
I write to pass time  
I write to get my ideas out to the world

#### XIV

I write to be free and relieve stress  
I write to express my ideas, views, and information  
I write to express my thoughts which I find difficult to express verbally #Buildmyownlegacy  
**Words**  
**Release Feelings**  
**Intensifies &**  
**Transforms**  
**Energy (Nice Acronym!)**  
I write because I like expressing my thoughts and want people to understand me  
Because I have to  
To improve on my writing skills  
I write to express my feelings and writing is like talking to a passive person  
To express myself because you can't always express yourself by talking  
I want to pass time!  
I write to say what I cannot say out loud

#### XV

I write to express my feelings and to communicate with others around me  
It helps me not be shy  
To learn  
I write to express myself in ways speaking cannot  
I write to get my work DONE  
To go to college  
I write to express the energy that I have  
I like the whole process of writing & getting feedback from peers  
Because I'm bored

To express love  
It intensifies my creativity

## XVI

I write to gather my thoughts together clearly  
I write to express the words I have trouble saying  
I wish to improve my horrible social skills with others because I'm a sad boi...and that my friends...is [#WhyIWrite](#)  
To remind myself that I have a purpose  
Because I have to for school!  
I write because I can be whoever I want to be  
I write because I can express my feelings and things I can't say out loud  
To learn about myself, others, and the world  
To never give up on my dreams and never look back in the past  
I write because I like to express how I feel and what I think about social problems  
To understand my current way of thinking

## XVII

My soul and heart have something to say  
I write because it's another way I can express myself & show others my creative mindset  
I write to be free and at peace  
My spelling may suck, but my stories that come from my aching soul don't  
To speak my native tongue (Spanish)  
I write to express my feelings to the world  
To create a repository of concepts that can be referenced at will  
To pass my damn TASC test ☺  
I write to express my deep feelings  
I write to be a whistleblower one day  
Cuz I want to

## XVIII

I write to make myself proud of who I can become  
I write for everyone who feels silenced  
To gather my thoughts  
Create realities that may not even seem possible

To tell my truth/my story and liberate those who are scared to shine light on their struggles. Be you, be true!

To tell my story!

Because I have to!!

It helps me think (thank you)

I write because it is freedom of expression

I write to tell a story

I write for ME

## XIX

I write to let go of negativity and make room for positivity

I write to express myself and put my feelings and thoughts on paper

To reflect

To ease my anxious thoughts

I write to remember

I write to express myself by telling my story. This way I can heal and help others heal in the process

I write to escape the real world

For class

I write to remind myself that my story, my feelings, and my ideas matter

Writing makes me feel better because I express all the feelings I have...it's peaceful!

I write to challenge old ideas

## XX

I write because I can!

My stories liberate me and other individuals who relate to the struggle of managing their emotions!

It's one of the only things that makes sense

I write to express my feelings, emotions, and thoughts

Because it may reveal the truth

To help myself understand my feelings

I love the art

It's hard to say words out loud. I use writing to express my feelings even if I'm too scared to say it in person

To express myself and tell the world how I really feel

I write to express what I want in life, that nothing in life is easy



To heal our scars

## XXI

I write because it's free therapy! Non-judgmental and the easiest way to express myself!

To release your stress

I write to express my feelings

What a resilient and powerful tool!

I don't write enough. It's a lost art. I should write more often

To create a world of my own

For a sense of purpose

For stress relief

To learn how to think and talk

I write to express myself

To enhance my life

## XXII

It's an escape from the real world! (Deep)

To figure out what I really think

Being able to express my thoughts and destress

To help the thought process

Sometimes the way I think and feel people can't understand. It is deep in my mind, connected; people can't make sense

I write because it helps me express my feelings and think my thoughts through

Because of due dates and profs want me to write for a grade

I write so I can hear my inner thoughts

I write because of life!

For grades ;)

For the truth

## XXIII

To get lost in the world of Narnia

For a better understanding of myself

For a cramped hand

To pass

Writing could be whatever I want it to be. I take ownership of my writing. It heals, it creates, it's omnipotent, and last but not least, it has no judgment

For life

For critical thinking

Because writing is more effective and permanent than speaking; it has the power to prove

I write to become a better writer #Law

It's cathartic

I write for fun, to keep my mind sharp, to keep my thoughts organized, and to remember things

#### XXIV

I write to share my thoughts and happiness

I maintain a regular (Proprioceptive) writing practice which serves as a space where I can slow down, center myself, listen to own thoughts and inquire about them. It has helped me, time and time again, to hear and be guided by my own voice

To share my ideas with others

To empower myself and future generations

I write to do assignments

To bring the ideas of others into conversation with each other

Writing is free and a form of art that dances around the top of the universe. It is a way of escape

To make a story

Writing for me is my journal and unwritten poetry I have in my subconscious. Not only does my writing have meaning but it has messages to the world that will eventually come out when the timing is right

I write to see my thinking . . . to slow it down until I get it right and say, 'That's it.'

To show people why an untold story is very important (Deep)

#### XXV

It is an internal need!

For an A+

I write because words bring harmony. Words formed from simple letters and each letter has meaning which form expressive words. Words speak what the heart and soul hides. Words are abstract. It goes beyond measure

For tears

Write on!

I write to share my journey & inspire others to share theirs, too

To track my life

Because deep inside I feel a deep resentment for someone that the only way I could release my pent up frustration is through writing. Period.

Helps to relieve

To feel real

It helps me express myself better

## XXVI

I write to clear my brain!

I write because it gives peace when I feel stress

Because I have a problem with grammar ☺

I write because it helps my reading, which helps me improve my writing

If I write, I remember more

I love to write and be creative

Writing is where I lie my secrets and dream of places I have never been and where I can go once

I manifest those words

I write to expand my skills and become better ☺

We write to express our feelings; through writing we communicate information

I write to research my paper!

I write because I understand only after writing

## XXVII

To express myself and improve my skills

I write because if I don't I might forget that I know how to write (This!)

I write for fun and to impress...

I write to enhance myself

I write for pressure release, stress freedom, and life therapy!

Cause it's fun ☺

I write to share my nightmares with the world

To share my stories with those who can relate. They are not alone

I write to learn long research papers

Because I am obligated

I write because it improves my thinking

## XXVIII

Because it is the only place I can be honest. It's also my favorite place to lie  
To tell a story!  
To forget about my problems in life and to take a breather  
It helps to organize our ideas ☺  
I write to change people's minds!  
I write because I want to graduate  
I write to be creative!  
I write because this is the way I will improve my writing  
I write as a form of therapy  
I write to be creative and because it is required!  
I write for my feelings

## XXIX

I write because it helps me to organize my thoughts  
I write because it relieves my emotions  
I write to stay alive! To use the power of the word to document my being. To tell the stories of myself and others. To live  
Writing is a creative & fun way to delve into your subconscious & see what ideas you've picked up in your life (Wow! Cool ☺)  
I feel great when I write and bad when I don't  
To prove my writing ability  
To make meaning of stuff!  
To make sure that I am learning  
For people to hear my thoughts  
To enjoy writing for fun  
Why not?

## XXX

Because sometimes I can't say what's inside me so I just have to write somewhere cuz I can't say it  
To keep myself busy  
It is healing!  
To improve my ability  
To organize thoughts

Because we are very smart  
It is easier than talking  
Because I'm angry  
I write to express myself and create positive thoughts  
To develop my language skills  
It's fun

### XXXI

To admire my handwriting  
To write creatively about myself  
For social change  
For thought expression  
To release bad emotions  
For finishing homework  
To write anime  
To not think about linear algebra  
It makes you think!  
To write journal entries  
Freedom of expression and to vent

### XXXII

To see what I have put together!  
For relaxation  
For freedom  
It's so passionate!  
To get to know myself  
For me  
To create rhymes  
To get lost as I write  
For stream of consciousness  
To express creative thoughts and ideas  
To get my thoughts out there!

### XXXIII

I write just to write  
To express myself when I don't know how to say it  
Because I love it  
Because I like expressing myself  
To take myself out of reality ☺  
Because I get agitated when I don't \_\_\_  
To express my artistic skills verbally and thoroughly  
I write because I want to remember my youth as I get older  
To express (likewise)  
Because if I don't I won't be able to look at myself in the mirror  
In the darkness writing is a light to guide its readers to the promise land

#### ENVOI

Because you kept this paper up for me to write on  
Because there isn't a word I've met that I haven't loved